

PRAYERS DURING THE DAY

Entering or Leaving a Church

†God, be merciful to me, a sinner. (3)

Jesus Prayer

Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

Or: Lord, Jesus Christ, Son of God, have mercy on us, sinners.

Prayer for the Living

†Save, O Lord, and have mercy on my parents [*names*], my brothers and sisters [*names*], and all my family and relatives.

†Save, O Lord, and have mercy on our bishop [*name*], our spiritual fathers and mothers and all Christians.

†Save, O Lord, and have mercy on all my friends, [*especially...*].

†Save, O Lord, and have mercy on all those who are especially in need of Your help today.

O Lord, Jesus Christ, by the prayers of Your most holy Mother and all the saints, have mercy on us and save us.

Amen.

Prayer for the Departed

To the souls of Your servants, O Christ, grant rest among the saints, where there is no pain, no sorrow, no mourning, but only life without end.

Give rest, O Lord, to the soul of Your departed servant/s [*name/s*], and to all my family and relatives who have gone to their rest in hope of resurrection and everlasting life. Amen.

For the Increase of Love

Set our hearts on fire with love for You, O Christ our God, that in its flame we may love You with all our heart, with all our mind, with all our soul and with all our strength, and our neighbours as ourselves; so that, keeping Your commandments, we may glorify You, the Giver of all good gifts.

Before Any Activity

†In the name of the Father and of the Son and of the Holy Spirit. Amen. O Lord, bless!

At the End of Any Activity

†Gory be to You, our God, glory be to You!

Beginning a Task or Project

Lord, Jesus Christ, my God, You have said, "Apart from me You can do nothing." In faith I embrace Your words, Lord, and I entreat Your goodness. Bless me as I begin this work (*project, task, school year, etc.*). Help me to bring it to completion. Enlighten my mind and strengthen my body, that I may accomplish my task according to Your will. Guide me, O Lord, to bring about works of goodness to Your service and glory. Amen.

Finishing a Task or Project

Thank You, Lord, for Your strength and guidance in my work. You are the fulfillment of all good things. Fill also my soul with joy and gladness, that I may praise You always. Amen.

A Prayer Before Study

O Holy Spirit, descend upon me; grant me the gifts of wisdom and fortitude in my pursuit of

knowledge that I may learn to know You and serve You better. Amen.

Prayer For Family Trips

Lord Jesus, You travelled with the two disciples to Emmaus after the Resurrection and set their hearts on fire with Your grace. Travel also with us and gladden our hearts with Your presence. We know, Lord, that we are pilgrims on this earth, seeking citizenship which is in heaven. During our journey surround us with Your holy angels and keep us safe from seen and unseen dangers. Grant that we may carry out our plans and fulfill our expectations according to Your will. Help us to see the beauty of creation and comprehend the wonder of Your truth in all things; for You are the Way, the Truth and the Life, and to You we give thanks, praise and glory forever. Amen.

Prayer of St. Ephraim During Great Lent

O Lord and Master of my life, drive from me the spirit of indifference, despair, lust for power and idle chatter.

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love.

Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters; for You are blessed for ever and ever. Amen.

TABLE PRAYERS

Before Breakfast

The eyes of all creatures look to You and You give them their food in due time. You open wide Your hand, and grant the desires of all who live.

†Gory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. (3) Give the blessing.

O Christ God, bless this food and drink for Your servants, for You are holy, always, now and for ever and ever. Amen.

After Breakfast

Blessed are You, O Christ our God; You have given us food in due time. Fill us also with Your Holy Spirit, and abide with us all the days of our lives. Amen.

Before the Noon Meal

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

†Gory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Lord, have mercy. (3) Give the blessing.

O Christ God, bless this food and drink for Your servants, for You are holy, always, now and for ever and ever. Amen.

After the Noon Meal

We give thanks to You, O Christ our God, for You have satisfied us with Your earthly blessings.

Deprive us not, especially of Your heavenly kingdom, but, as You came into the midst of Your disciples, O Saviour, granting them peace, so come to us also and save us!

†Gory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. (3) Give the blessing.

Blessed be God, Who shows us mercy and nourishes us with His abundant gifts through His grace and loving kindness, always, now and for ever and ever. Amen.

Before the Evening Meal

The poor shall eat and be satisfied; those who seek the Lord shall praise Him; and their hearts will live for ever.

†Gory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. (3) Give the blessing.

O Christ God, bless this food and drink for Your servants, for You are holy, always, now and for ever and ever. Amen.

After the Evening Meal

More honourable than the cherubim and by far more glorious than the seraphim; ever a virgin, You gave birth to God the Word, O true Mother of God, we magnify You.

†Gory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. (3) Give the blessing.

God is with us through His grace and love for mankind, always, now and for ever and ever. Amen.

PRAYERS BEFORE COMMUNION

These prayers may be said when you come to church, before the Divine Liturgy begins.

Prayer of Faith

I believe, O Lord, Jesus Christ, that You are truly the Son of the living God, and the Saviour of our souls. You came down from heaven and became a child like me, to draw us to our Father in heaven. I believe that You are truly present here, in the Holy Gifts, which I will receive today in Holy Communion.

Prayer of Love

Dear Jesus, I love You, because You have suffered so much for me. Make me grow more and more in love for You as I grow in years. May Your grace help me to love You with all my heart!

PRAYERS AFTER COMMUNION

Don't leave the church right after you have received Jesus. Stay a little while and pray to Him.

Prayer of Thanks

O good and most merciful Jesus, I am so glad and filled with joy today, for You have entered into my heart. Live in me, Jesus, always! I thank You, Jesus, for this most wonderful gift! I thank You for allowing me in share in Your life!

Prayer of Adoration

My Lord and my God, You are the Lord of heaven and earth. I am so small and weak, and yet You have entered under the roof of the house of my soul. I adore You, O Jesus, my Creator and my God. I will serve You and I will love You all the days of my life. Amen.

My God, I Believe

My God, I believe in You, I adore You, I hope in You, and I love You. I ask pardon for all those who do not believe in You, do not adore You, do not hope in You and do not love You.

Lead Me to Heaven

Dear Jesus, keep me always close to You as long as I live. Lead me to Heaven, so that I may love You there, for ever and ever. Amen.

Blessing

Bless me, Lord Jesus, as You have blessed all children that came to You. Bless me, as You blessed Your apostles when You ascended into heaven. Most holy Mary, Mother of God, bless me your child. Holy Guardian Angel, protect me and guide me, for I belong to Jesus, my Saviour, now and for ever and ever. Amen.